

# LEADER DISCUSSION GUIDE

## citygroups

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Fall 2021

Week of October 3rd

Studies in Philippians

### Announcements:

- Next Membership Class on October 24th
- Volunteers for the Parking Team needed
- Equip Classes

### DISCUSSION FOCUS

Read (Primary Text): Philippians 4:4-9

Supporting Texts: Matthew 6:25-34, Hebrews 4:14-16, James 5:13-16

MAIN IDEA: Prayer

### OBSERVE

What is Prayer? Why do we pray?

- Prayer is the spiritual communication between man and God, a two way relationship in which man both talks to, and listens to God. It is an extreme privilege that was only made possible by the death of Jesus for our sins that opens up a direct relationship to God through Jesus and by Jesus' work on the cross

Paul instructs us that in times of worry and uncertainty we should turn to prayer. What three words express different aspects of prayer? (vs.6)

- Petition, a need; Request, a specific concern; Thanksgiving, shapes prayer with gratitude.

What are the 8 qualities that we are instructed to dwell on during all seasons of life? (vs.8)

- Whatever is True, honorable, just, pure, lovely, commendable, morally excellence, anything praiseworthy.

Why does Paul instruct us to dwell on these things?

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### INTERPRET

What are some reasons that keep us from praying? Read Hebrews 4:14-16. As Christians how can we approach the throne of God regardless of our situation? What did Jesus do to make this possible?

- As Christians we can approach the throne of God with boldness, not because of our good works but solely on the work of Jesus in our place on the cross.

Read James 5:13-16. When should we pray? What are some times in your life when you struggled to pray?

- We should pray in all season of life, both good and bad. Often times we struggle to pray during the calm seasons of life, and only turn to prayer in times of turmoil.

### RESPOND

Do you know that peace that comes from being in God's presence?

### APPLY

How are you doing in the discipline of spending unhurried, unhindered time with God?